

# Libby Haywood Completes Yorkshire Three Peaks Charity Challenge

Bowers Group's **Libby Haywood** has recently completed the [Yorkshire Three Peaks challenge](#) for charity. The challenge consists of a gruelling mixture of walking and climbing a huge **24 miles**, including **5200ft of ascent**, and must be completed in under 12 hours.

Libby took on the peaks of **Pen-y-ghent, Wharfedale and Ingleborough**, and managed to complete them in an impressive **11 hours and 30 minutes**. The peaks form part of the Pennine range, and encircle the head of the valley of the River Ribblesdale, in the Yorkshire Dales National Park in the UK.

## Team Peaks' Achievements

**Team Peaks**, which Libby established 7 years ago, take on challenges for a number of different charities including; Alzheimer's Support, Breast Cancer UK, and Macmillan. Members within the team have so far completed **The National Three Peaks, London to Brighton 100k** (non-stop 24 hour), Moon Walks, runs, lots of mountain climbs, treks and many more challenges to date.

Libby Haywood said: "We set off at 3.30am on the morning of the challenge so that we could see the sun rising on Pen-y-ghent, and we weren't disappointed! **It was a great experience**, hard work at times, but the views and company more than made up for it."

## Raising Awareness and Funds

Libby continued: "**Team Peaks** has helped to raise **over £10,000** so far, and we absolutely love the challenges we take part in. We're always looking for a new challenge to help raise awareness about the devastating illnesses that effect many people's lives today."